



WHY CHOOSE SEDATION FOR YOUR DENTAL TREATMENT

For some people, visiting the dentist can feel stressful or overwhelming. Sedation can help you feel calmer and more comfortable during dental treatment, making your experience more relaxed.

Why might you choose sedation

😌 Feel more relaxed

Sedation can help reduce feelings of anxiety, nervousness or fear during your appointment.

🦷 Make treatment easier

If you feel particularly anxious about dental treatment, sedation can make it easier for you to have the care you need.

🕒 Help with longer or more involved appointments

Sedation may be suitable for certain treatments that take longer or involve several procedures.

💭 Reduce awareness of the treatment

Depending on the type of sedation used, you may feel very relaxed and less aware of what is happening around you.

❤️ A more positive dental experience

For nervous patients, sedation can help make dental visits feel more manageable and comfortable, helping you feel more confident about future appointments.

You're still in control

Sedation does **not replace local anaesthetic**. Your dentist will still make sure the area being treated is numb and comfortable.

Before treatment, your dentist will discuss your medical history, your concerns and the most suitable options for you. **Not everyone needs sedation, and it isn't suitable for everyone.**

If dental anxiety is stopping you from attending the dentist or having treatment, **talk to us**. We can discuss your concerns and help you find an approach that feels right for you.

Dental anxiety shouldn't stop you getting the care you need – we're here to help.

Cranfield Dental Care

Helping you look after your teeth, gums and overall oral health.

Contact our Reception team 01462 434323 for general enquiries, or speak to our **Treatment Coordinator (TCO)** 07714117790 for advice and information about your treatment options.

We're here to help you understand what's available and find the right next step for you.