



WHAT TO EXPECT AT YOUR TREATMENT APPOINTMENT

ROOT CANAL THERAPY

Taking the worry out of your dental treatment

We understand that coming in for dental treatment can sometimes feel daunting, particularly if you haven't had the procedure before.

At Cranfield Dental Care, we'll explain your treatment beforehand and make sure you know what to expect. Our aim is to keep you comfortable, informed and reassured throughout your appointment.

Root Canal Treatment

Saving a tooth that might otherwise need to be removed

Root canal treatment is used when the nerve and blood supply inside a tooth – known as the dental pulp – has become inflamed or infected.

This can happen because of deep decay, a large filling, a crack, trauma or repeated dental treatment.

The purpose of root canal treatment is to remove the infected or damaged tissue, clean and disinfect the inside of the tooth, and seal it to prevent further infection.

What happens during root canal treatment?

Root canal treatment is usually carried out over one or more appointments, depending on the tooth and the complexity of the treatment.

1. Examination and assessment
2. Your dentist will examine the tooth and may take X-rays to assess the roots and surrounding bone.
3. Getting you comfortable
4. The tooth and surrounding area will be numbed with local anaesthetic. Your dentist will check that you are comfortable before treatment begins.
5. Cleaning the tooth
6. A small opening is made in the tooth to allow your dentist to access the root canals.
7. The infected or damaged pulp is removed and the canals are carefully cleaned and shaped.
8. Filling and sealing
9. Once the canals have been thoroughly cleaned, they are filled and sealed to help prevent bacteria from entering again.
10. The tooth may initially have a temporary filling depending on your treatment.
11. Restoring the tooth
12. A root-treated tooth can be more vulnerable to fracture, so it is important that it is properly restored.
13. Your dentist will discuss the most appropriate final restoration with you. This may include a filling or, where appropriate, a crown.
14. After root canal treatment
15. It is common for the tooth to feel a little tender for a few days following treatment, particularly if there was an infection beforehand.
16. If you experience significant swelling, severe pain or symptoms that are getting worse rather than better, please contact us.
17. The aim of root canal treatment
18. The goal is to save your natural tooth wherever possible.
19. With appropriate treatment and good oral care, a root-treated tooth can continue to function for many years.

Your comfort. Your care. Your health.

Cranfield Dental Care

Professional, personal dental care for you and your family.

Contact our Reception team 01462 434323 for general enquiries, or speak to our **Treatment Coordinator (TCO)** 07714117790 for advice and information about your treatment options.

We're here to help you understand what's available and find the right next step for you.