



CRANFIELD

— DENTAL CARE —

Fourth Edition

Staff recognition and announcements

We're incredibly proud to share some exciting news!

🌟 **Congratulations to Katie!**

A huge congratulations to Katie on successfully passing her City & Guilds Level 3 Diploma in Dental Nursing!

This is a fantastic achievement and a testament to all of Katie's hard work, dedication, and commitment throughout her training.

We are incredibly proud of you and delighted to have you as part of the Cranfield Dental Care team. Wishing you every success as you continue your dental nursing career—well done, Katie! 🙌



Congratulations to Anna, who has been accepted into university to study Dental Hygiene! 🎉

Anna has been a valued member of the Cranfield Dental Care team for the past 3 years and has dedicated 16 years to the dental nursing profession. Her hard work, commitment to patient care, and passion for dentistry have led her to this exciting next step in her career.

Anna will be leaving Cranfield Dental Care at the end of September to begin this new chapter. While we will miss her greatly, we couldn't be happier for her and are incredibly proud of everything she has achieved.

Please join us in congratulating Anna and wishing her every success in her studies and future career as a Dental Hygienist.



Good luck, Anna – from all of us at Cranfield Dental Care!

Staff recognition and announcements

✨ **Welcome Back, Drishti!**

We're delighted to welcome Drishti back to Cranfield Dental Care following her maternity leave!

We know many of our patients have missed seeing her, and we're thrilled to have her back caring for your smiles. Drishti is looking forward to catching up with familiar faces and welcoming new patients alike.

Please join us in giving Drishti a very warm welcome back to the practice. We wish her all the best as she balances family life with her return to work—we're so pleased to have her back as part of the team!

If you've been waiting to book a hygiene appointment with Drishti, get in touch with our reception team—we'd be delighted to help.

Welcome Back, Hima! 🎉

We're delighted to welcome Hima back to the team at Cranfield Dental Care!

Some of you may remember Hima from her Foundation Training year with us in 2021–2022. Since then, she has continued to develop her clinical skills and gain valuable experience, and we're thrilled that she has chosen to return to our practice.

We know many of our patients will be pleased to see a familiar face back at Cranfield Dental Care. Please join us in giving Hima a very warm welcome back—we're excited to have her as part of the team once again! 🦷



Staff recognition and announcements

A Fond Farewell to Dr Mabick

In August, we will be saying goodbye to Dr Mabick as he moves on to the next stage of his career.

Mabick has been a valued member of the Cranfield Dental Care team. He will be greatly missed by everyone at the practice.

We would like to thank Mabick for all of his hard work and wish him every success and happiness for the future.

Please join us in wishing Dr Mabick all the very best for the future. We know you'll do brilliantly! 🦷



🎉 Welcome to Adam!

We're delighted to welcome Adam to the practice, who will be joining us from September on Wednesdays and Thursdays. Adam is a twin, his sister is also a dentist, so it seems dentistry definitely runs in the family.

Outside of work, Adam enjoys playing sport, riding rollercoasters, and passionately explaining why a particular song or film means so much to him. He's partial to cooking a good steak or roast chicken and firmly believes that double cream is an entirely appropriate addition to almost everything!

We're really looking forward to having Adam join the team and getting to know him. Welcome to Cranfield Dental Care, Adam!

New Technology at Cranfield Dental Care

Since our last newsletter, we've invested in even more exciting technology to enhance the care we provide to our patients. We're pleased to announce that we can now carry out even more in-house 3D printing at the practice.

What does this mean for you?

It means we can now manufacture a range of custom-made dental appliances right here at Cranfield Dental Care, including:

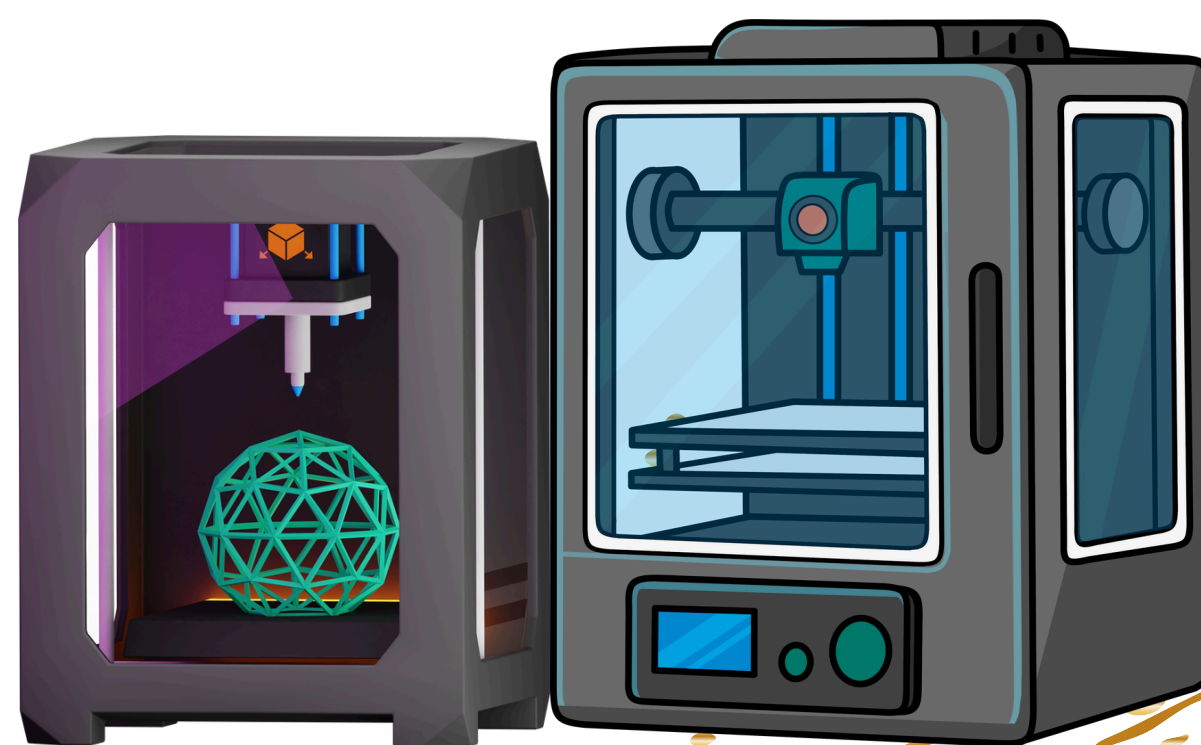
- Custom sports mouthguards
- Night guards and occlusal splints for teeth grinding (bruxism)
- Orthodontic retainers
- Tooth whitening trays

By producing these appliances in-house, we're able to reduce our reliance on external laboratories, meaning:

- Faster turnaround times
- Less waiting for your appliance to be made
- Quicker replacements if needed
- The same high-quality, custom-made fit

Investing in the latest technology allows us to provide a more efficient service while maintaining the highest standards of care. We're always looking for ways to improve our patients' experience, and this is another exciting step forward for Cranfield Dental Care.

If you'd like to find out more about our custom-made mouthguards, retainers or splints, please speak to a member of our team at your next visit.



Dental Implants

Why choose dental implants:

Losing a tooth can affect much more than your smile. It can make eating and speaking more difficult, impact your confidence and, over time, lead to changes in your jawbone and the position of your remaining teeth.

A dental implant is one of the most advanced and predictable ways to replace a missing tooth. Designed to look, feel and function like a natural tooth, implants provide a long-lasting solution that can help restore both your smile and your oral health.

Benefits of Dental Implants:

A Natural Look and Feel

Dental implants are individually designed to blend seamlessly with your existing teeth. Once restored with a custom-made crown, they look, feel and function just like a natural tooth.

Long-Lasting Solution

With good oral hygiene and regular dental check-ups, dental implants can last for many years, making them an excellent long-term investment in your oral health.

Eat, Speak and Smile with Confidence

Unlike removable dentures, implants are securely fixed in place. This means you can enjoy your favourite foods, speak clearly and smile with confidence without worrying about movement or discomfort.

Helps Preserve Your Jawbone

When a tooth is lost, the surrounding jawbone gradually shrinks because it no longer receives stimulation from the tooth root. A dental implant replaces the missing root, helping to maintain healthy bone and preserve your facial structure.



Protects Your Remaining Teeth

Unlike a dental bridge, an implant does not require healthy neighbouring teeth to be prepared. This allows your natural teeth to remain untouched while replacing the missing tooth.

Restores Your Bite

Replacing a missing tooth helps restore normal chewing function and prevents excessive pressure being placed on the surrounding teeth.

Why Should a Missing Tooth Be Replaced?

Many people assume that if a missing tooth isn't visible, it doesn't need replacing. However, leaving a gap can lead to several problems over time.

Prevents Teeth from Moving

Neighbouring teeth naturally drift into empty spaces, which can cause crowding, bite problems and make cleaning more difficult.

Reduces the Risk of Gum Disease and Tooth Decay

Gaps can trap food and plaque, increasing the risk of gum disease and decay around the surrounding teeth.

Maintains Your Bite

Missing teeth can affect the way your upper and lower teeth meet together, leading to uneven wear, broken teeth or jaw discomfort.

Helps Preserve Bone and Gum Tissue

Replacing a missing tooth with a dental implant helps maintain the supporting bone and soft tissues, reducing the risk of bone loss and gum recession.

Improves Confidence

Replacing a missing tooth can restore your smile and help you feel more comfortable in social and professional situations.



What Can You Expect During Implant Treatment?

Every patient is different, but a typical single implant journey includes:

Initial Consultation

A comprehensive assessment to discuss your concerns, examine your mouth and determine whether dental implants are the right option for you.

3D CBCT Scan and Digital Intraoral Scan

Advanced imaging allows us to assess your bone, surrounding structures and carefully plan your implant treatment with precision.

Treatment Planning and Consent

We'll explain every stage of your treatment, discuss the benefits and any potential risks, answer your questions and provide a personalised treatment plan.

Implant Placement

The titanium implant is gently placed into the jawbone under local anaesthetic. Sedation is available for nervous patients or more complex procedures.

Review Appointment

We'll check that everything is healing well and ensure you're comfortable throughout the recovery period.

Healing Period

Over approximately three months, the implant naturally bonds with your jawbone, creating a strong foundation for your new tooth.



Digital Scan for Your Crown

Once healing is complete, we'll take a digital scan to create your bespoke implant crown.

Fitting Your New Tooth

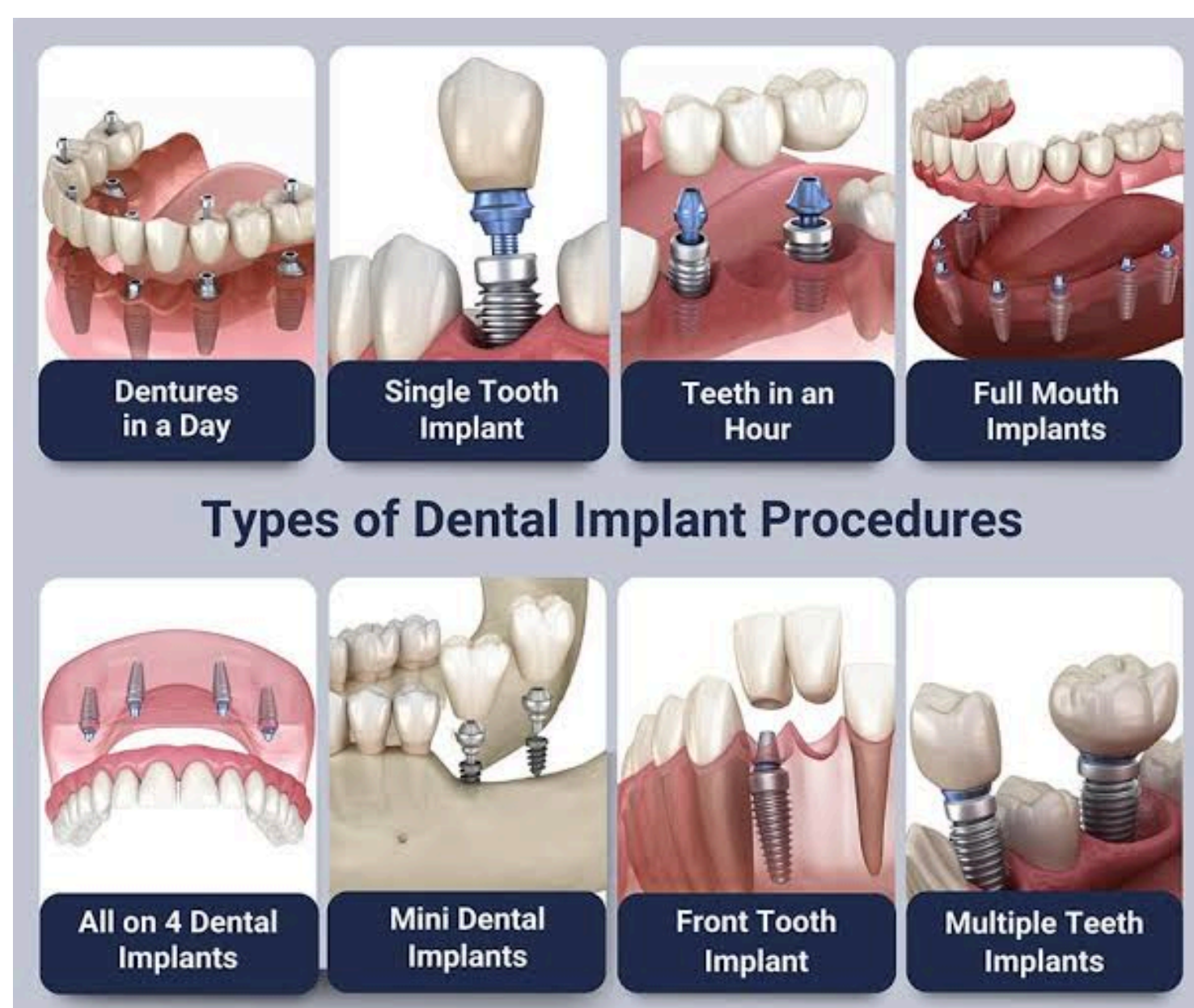
Your custom-made crown is securely attached to the implant, restoring your smile with a tooth that looks and functions naturally.

Is a Dental Implant Right for You?

Dental implants are an excellent option for replacing one or more missing teeth. They are particularly suitable if you:

- Have one or more missing teeth.
- Want a fixed alternative to a denture.
- Wish to avoid preparing healthy neighbouring teeth for a bridge.
- Have sufficient healthy bone (or are suitable for bone grafting if required).
- Are looking for a durable, natural-looking, long-term solution.

Every patient is unique, which is why we carry out a thorough assessment before recommending treatment.



If you're considering replacing a missing tooth, we'd be delighted to arrange a consultation to discuss your options and help you decide whether dental implants are the right choice for you.

Important notice to our NHS patients



Keeping Your NHS Dental Care with Cranfield Dental Care:

As many of you know, NHS dental appointments are becoming increasingly difficult to access, and demand for NHS dentistry continues to exceed availability.

To help us provide NHS care to as many patients as possible, we ask all our NHS patients to attend the practice regularly.

Why Regular Check-ups Matter:

Even if your teeth feel fine, regular dental examinations are essential. They allow your dentist to:

- Detect tooth decay and gum disease at an early stage.
- Screen for signs of oral cancer.
- Monitor existing fillings, crowns and other dental work.
- Offer preventative advice to help you maintain a healthy smile.

Early detection often means simpler, less invasive treatment and better long-term oral health.

Don't Leave It Too Long

If you do not attend the practice for a routine dental examination for a prolonged period (typically around two years), we may no longer be able to continue your NHS care. This allows us to offer NHS appointments to patients who are actively attending the practice.

Book Before You Leave:

The easiest way to stay up to date is to book your next routine examination before leaving the practice.

Your dentist will recommend how often you should attend, with many patients requiring check-ups every six months.

We'll send you an email reminder approximately one week before your appointment, giving you plenty of notice should you need to rearrange it.

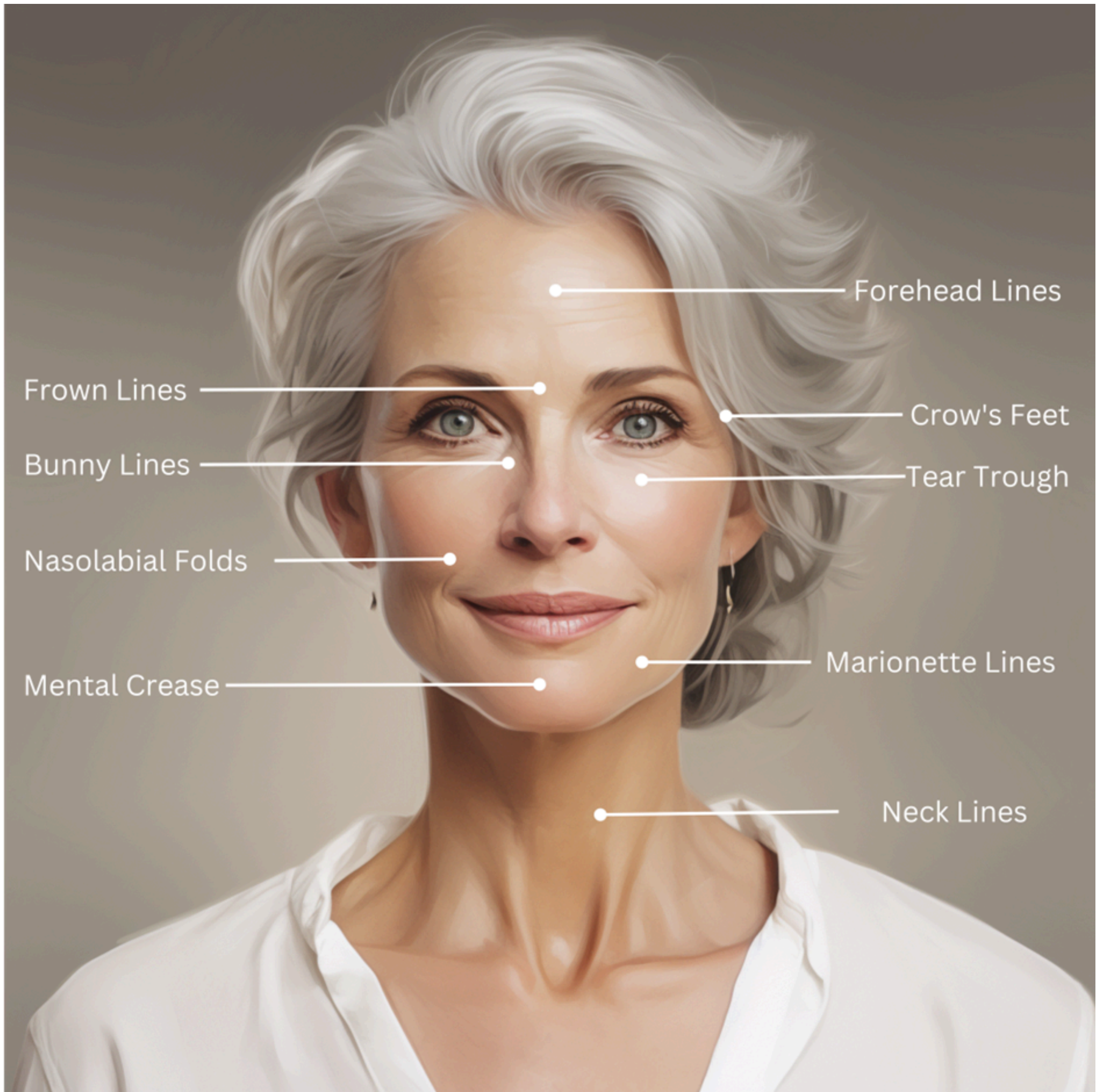
Keep Your Details Up to Date:

Please ensure we always have your current email address and telephone number so that you receive appointment reminders and important updates from the practice.

Thank you for helping us keep your oral health on track and for supporting us in making NHS dental appointments available to those who need them most.

A decorative graphic in the bottom right corner consisting of several orange and yellow paint splashes and brush strokes.

Revive and Renew Fillers and antiwrinkle



Anti wrinkle & filler treatments
Help you look younger & fresher

Clenching or grinding? Jaw aching? Headaches?
Consider masseter muscle relaxation injections

Book your consultation now Dr Punam Varsani
Consultations will be subject to a £50 deposit which will be
deducted from treatment costs

Dont forget to leave us a review



We Value Your Feedback

At Cranfield Dental Care, our goal is to provide the highest standard of care and service to every patient. We are always looking for ways to improve and ensure that your experience with us is the best it can be.

Your feedback is incredibly important to us. It helps us understand what we're doing well and where we can make improvements to continue delivering exceptional care.

If you've recently visited the practice, we would be truly grateful if you could spare a couple of minutes to leave us a Google review. Your review not only helps us improve but also helps other people who are looking for a trusted dental practice make an informed decision.

Thank you for your continued support and for taking the time to share your experience. Every review means a great deal to our team.



Follow us on Facebook and instagram



PatientPlanDirect

Your patients, your plan

Spread the Cost of Your Dental Care & Save Money!

With Patient Plan Direct, you can spread the cost of your routine dental care with affordable monthly payments while enjoying exclusive member savings.

💰 Savings Example

Private Patient

- ✓ 2 Dental Check-ups
 - ✓ 2 Hygienist Appointments
- Total: £264

Plan Patient

- ✓ 2 Dental Check-ups
 - ✓ 2 Hygienist Appointments
- Total: £201

🎉 That's a saving of £63 every year!

Plus, you'll benefit from regular preventive care, helping you maintain a healthy smile while making budgeting for your dental care easier.

📞 To find out more or to join our plan, contact our Treatment Coordinator today.

Annual Membership Plan £9.50 per month 31p per day	Membership Plan £19.00 per month 61p per day	Gum Care Plan £30.00 per month £1 per day
1 Dental examination 1 hygiene visits per year 20% reduction off all routine treatment Global Dental A&E Assistance scheme Exclusive members only discounts and promotions	2 Dental examination 2 hygiene visits per year 20% reduction off all routine treatment Global Dental A&E Assistance scheme Exclusive members only discounts and promotions	2 Dental examination 4 hygiene visits per year 20% reduction off all routine treatment Global Dental A&E Assistance scheme Exclusive members only discounts and promotions

Tabeo Finance



Dental treatment can be costly – we're here to help. At Cranfield Dental Care, we offer flexible finance options to help make your treatment more affordable, so you can spread the cost into manageable monthly payments.

- ✓ Apply in as little as 1 minute
- ✓ Receive an instant decision
- ✓ Check your eligibility with a soft credit check (won't affect your credit score)
- ✓ Manage your loan and repayments online

Don't let the cost of treatment stand in the way of a healthy, confident smile.



Speak to our Treatment Coordinator today to find out more about our finance options and how we can help.



<https://uk.trustpilot.com/review/tabeco.co.uk>

Patient Notice Board

Missed Appointments (FTAs – Failed to Attend)

One of the questions we're often asked is:

"Do patients really miss their appointments, even after receiving reminders?"

Unfortunately, the answer is yes.

Between January and July, the practice recorded **206** patients failed their appointments (Did Not Attends), equating to **77** hours of lost clinical time.

This is equivalent to almost **10** full working days.

This represents a significant loss of appointment availability, reducing capacity for other patients and impacting the efficiency of the practice.

If You Can't Attend, Please Let Us Know

We understand that plans can change, and occasionally appointments need to be rearranged.

If you're unable to attend your appointment, we kindly ask that you give us at least 48 hours' notice wherever possible. This allows us to offer your appointment to another patient who may be waiting for treatment.

You can contact us in whichever way is most convenient:

- 📞 Telephone 01462 434323
- ✉ Email Cranfielddentalcare@gmail.com
- 💬 WhatsApp 07714117790
- 💻 The Dentally Patient Portal

Every cancelled appointment that we can reallocate helps us provide care to another patient and reduces waiting times for everyone.

Thank you for your understanding and for helping us make the best use of our appointment times.



Patient Notice Board

Who to Contact

We're always happy to help. To ensure your enquiry is dealt with as quickly as possible, please use the contact details below.

Reception Team

☎ 01462 434323

Please contact our reception team for:

Booking, changing or cancelling appointments

Updating your contact details

Existing referrals

General enquiries

Treatment Coordinator

✉ tco@cranfielddental.co.uk

📱 07714 117790 (Call or WhatsApp)

Our Treatment Coordinator can help with:

Questions about your treatment plan

Finance and payment options

Dental membership plans

New patient enquiries

Information about treatment options, including dental implants, cosmetic dentistry and smile makeovers

Practice Manager

✉ manager.cranfielddentalcare@gmail.com

If you have any feedback, compliments, concerns or would like to discuss your experience at the practice, please contact our Practice Manager, who will be happy to assist you.

We're committed to providing the highest standard of care and welcome your feedback.



Patient Notice Board



Parking Information

We kindly remind all patients that there is no patient parking available at Cranfield Dental Care.

If you are a Blue Badge holder, we may be able to arrange a parking space for you with advance notice.

If you require accessible parking, please contact our reception team before your appointment so that we can reserve a space for you where possible.

Thank you for your understanding and cooperation.



Patient Notice Board

Practice Policies

To help us provide the best possible service for all our patients, we kindly ask that you take a moment to read our practice policies.

Hygienist Appointments

We are pleased to advise that we will no longer require advance payment for hygienist appointments.

However, appointments are reserved especially for you. If you fail to attend or cancel at short notice, a missed appointment fee may be applied.

Children Who Are Not Brought to Their Appointment

As healthcare professionals, we have a duty of care to safeguard the health and wellbeing of children.

If a child repeatedly fails to attend scheduled appointments or is not brought for necessary dental care, we may need to make further enquiries and, where appropriate, follow local safeguarding guidance.

NHS Patients

To remain an active NHS patient at Cranfield Dental Care, you should attend the practice at least once every 12 months, or at the interval recommended by your dentist.

If you do not attend for an extended period, we may no longer be able to continue your NHS care.



Patient Notice Board

Short Notice Cancellations

We understand that unexpected circumstances can arise.

We kindly ask that you provide at least 48 hours' notice if you need to cancel or rearrange your appointment. This allows us to offer the appointment to another patient.

Repeated short-notice cancellations may result in us being unable to offer further appointments.

Private Patients – Missed Appointments

Private patients who fail to attend an appointment without sufficient notice may be charged a missed appointment fee.

NHS Patients – Missed Appointments

NHS appointment time is extremely valuable.

Patients who repeatedly fail to attend or cancel appointments at short notice may no longer be offered routine NHS appointments at the practice.

Please help us make the best use of NHS resources by attending your appointments or providing adequate notice if you need to cancel.

Late Attendance

Please arrive on time for your appointment.

Patients who arrive late may not have sufficient time for their planned treatment and, in some cases, may need to be rebooked to another appointment.

Thank you for your understanding and for helping us provide a reliable service for all of our patients.

