



WHAT TO EXPECT DURING DENTAL TREATMENT DENTAL IMPLANTS

Taking the worry out of your dental treatment

We understand that coming in for dental treatment can sometimes feel daunting, particularly if you haven't had the procedure before.

At Cranfield Dental Care, we'll explain your treatment beforehand and make sure you know what to expect. Our aim is to keep you comfortable, informed and reassured throughout your appointment.

Dental Implant

A long-term replacement for a missing tooth

A dental implant can be used to replace a missing tooth without relying on neighbouring teeth for support.

An implant is a small titanium or other suitable implant fixture that is placed into the jawbone. Once healed, it can support a replacement tooth such as a crown.

Implant treatment is a process

Dental implant treatment normally takes place over several stages and can take several months, as the implant needs time to integrate with the surrounding bone.

Your exact treatment journey will depend on your individual circumstances.

What can I expect?

1. Consultation and assessment
2. Your dentist will assess your mouth, gums, teeth and available bone and discuss whether an implant is suitable for you.
3. We may take photographs, X-rays, a 3D scan or digital impressions as part of your assessment.
4. Your dentist will explain the proposed treatment and discuss the alternatives available.
5. Treatment planning
6. A detailed treatment plan will be created for you.
7. If you have gum disease, tooth decay or other oral health problems, these may need to be addressed before implant treatment begins.
8. Implant placement
9. The implant is carefully placed into the jawbone under local anaesthetic.
10. You should not feel pain during the procedure, although you may feel some pressure.
11. Healing
12. The implant needs time to heal and integrate with the surrounding bone. This process is known as osseointegration.
13. The length of the healing period varies between patients and depends on the individual treatment.
14. Digital scan or impressions
15. Once your implant has healed sufficiently, your dentist will record the position of the implant so that your replacement tooth can be designed and made.
16. Fitting the replacement tooth
17. Your custom made implant crown or other restoration will be fitted and carefully

Your dentist will show you how to look after your implant and clean effectively around it.

Looking after your dental implant

Good oral hygiene is essential for the long-term health of your implant.

You will need to:

Brush your teeth twice a day

Clean carefully around the implant

Use interdental brushes or other cleaning aids as recommended

Attend your regular dental examinations

Attend hygienist or implant maintenance appointments as advised

Your implant is designed to be a long-term solution, but it still needs regular professional care and excellent home cleaning

Your comfort. Your care. Your health.

Cranfield Dental Care

Professional, personal dental care for you and your family.

Contact our Reception team 01462 434323 for general enquiries, or speak to our **Treatment Coordinator (TCO)** 07714117790 for advice and information about your treatment options.

We're here to help you understand what's available and find the right next step for you.