



WHAT TO EXPECT AT YOUR TREATMENT APPOINTMENT

DENTAL FILLING

Taking the worry out of your dental treatment

We understand that coming in for dental treatment can sometimes feel daunting, particularly if you haven't had the procedure before.

At Cranfield Dental Care, we'll explain your treatment beforehand and make sure you know what to expect. Our aim is to keep you comfortable, informed and reassured throughout your appointment.

Dental Filling

Repairing and protecting your tooth

A filling is used to repair a tooth that has been damaged by decay, wear or a small fracture.

The aim is to remove the damaged area and restore the tooth so that it can function normally again.

During your appointment

1. Examination
2. Your dentist will assess the tooth and determine the most appropriate way to restore it. X-rays may be recommended depending on the location and condition of the tooth.
3. Getting you comfortable

4. If necessary, the area will be numbed using local anaesthetic. Your dentist will make sure you're comfortable before treatment begins.
5. Removing the damaged area
6. Any decay or damaged tooth tissue is carefully removed, leaving healthy tooth structure behind wherever possible.
7. Placing the filling
8. The tooth is cleaned and the filling material is placed. For a white composite filling, the material is built up in layers and hardened using a special dental light.
9. Shaping and checking your bite
10. Your dentist will shape the filling so that it feels natural and check your bite to make sure your teeth come together comfortably.
11. After your filling
12. Your tooth may feel slightly sensitive for a short time following treatment, particularly if the filling was deep.
13. If you have had local anaesthetic, take care not to bite your cheek, lip or tongue until the numbness has completely worn off.
14. If your tooth continues to feel uncomfortable or your bite doesn't feel right after the filling, please contact us so we can check it for you.

Your comfort. Your care. Your health.

Cranfield Dental Care

Professional, personal dental care for you and your family.

Contact our Reception team 01462 434323 for general enquiries, or speak to our **Treatment Coordinator (TCO)** 07714117790 for advice and information about your treatment options.

We're here to help you understand what's available and find the right next step for you.