



WHAT TO EXPECT AT YOUR TREATMENT APPOINTMENT

COMPOSITE BONDING

Composite bonding is a minimally invasive way to improve the shape, colour and appearance of your teeth. Your dentist will carefully apply tooth-coloured composite material to the tooth and shape it to achieve your desired result.

Before treatment

Your dentist will discuss your goals and confirm the treatment plan with you. They will assess your teeth and gums to make sure composite bonding is suitable and may discuss the shape, shade and overall appearance you would like to achieve.

During your appointment

Your teeth will be cleaned and prepared for treatment. The composite material is then carefully applied and built up in layers.

Your dentist will:

- Select a suitable shade of composite
- Apply and shape the material to your teeth
- Carefully check the shape, proportions and bite
- Harden the composite using a dental curing light
- Finish and polish the teeth for a natural appearance

The aim is to create a result that complements your smile while maintaining as much natural tooth structure as possible.

After treatment

Your teeth may feel slightly different initially while you get used to the new shape. You can usually eat and drink normally after treatment, although your dentist may give you specific advice depending on your treatment.

Composite bonding can stain or chip over time, particularly with heavy biting or habits such as nail biting. Good oral hygiene and regular dental visits can help maintain your results.

A brighter smile starts with healthy teeth.

Cranfield Dental Care

Professional dental care for your smile, from people who know you.

Contact our Reception team 01462 434323 for general enquiries, or speak to our **Treatment Coordinator (TCO)** 07714117790 for advice and information about your treatment options.

We're here to help you understand what's available and find the right next step for you.